

| Name                      | Veranstaltung           | Ort            | Datum      | Distanz | AK     | AK Platz | Platz | Zeit     | Pace    | offiziell<br>vermerkt |
|---------------------------|-------------------------|----------------|------------|---------|--------|----------|-------|----------|---------|-----------------------|
| Bochert, Florian          | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M U23  | 1        | 1     | 00:15:43 | 0:03:09 |                       |
| Boehme, Patrick           | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M30    | 1        | 2     | 00:15:44 | 0:03:09 |                       |
| Kerkmann, Jan             | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M      | 2        | 3     | 00:15:46 | 0:03:09 |                       |
| Willuhn, Henry            | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M35    | 1        | 0     | 00:17:20 | 0:03:28 |                       |
| Ludwig, Max               | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M30    | 5        | 0     | 00:17:21 | 0:03:28 |                       |
| Pfaffendorf, Julian       | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M35    | 6        | 0     | 00:18:05 | 0:03:37 |                       |
| Mußnug, Oliver            | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M45    | 3        | 0     | 00:18:06 | 0:03:37 |                       |
| Nickel, Thomas            | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M50    | 3        | 0     | 00:18:26 | 0:03:41 |                       |
| Bergtold, Larissa         | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | W30    | 1        | 0     | 00:18:44 | 0:03:45 |                       |
| Schneider, Christoph      | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M55    | 1        | 0     | 00:19:20 | 0:03:52 |                       |
| Antweiler, Larissa        | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | W35    | 1        | 0     | 00:19:26 | 0:03:53 |                       |
| Serafinowski, Nadine      | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | W      | 3        | 0     | 00:19:58 | 0:04:00 |                       |
| Wienstroth, Ilka          | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | W35    | 2        | 0     | 00:20:11 | 0:04:02 |                       |
| Schmitt, Volker           | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M55    | 2        | 0     | 00:20:28 | 0:04:06 |                       |
| Osimok, Johann            | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M40    | 5        | 0     | 00:20:54 | 0:04:11 |                       |
| Lohne, Christian          | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M35    | 10       | 0     | 00:21:51 | 0:04:22 |                       |
| Prenneis, Christian       | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M50    | 8        | 0     | 00:21:53 | 0:04:23 |                       |
| Nowak, Anna Christina     | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | W30    | 3        | 0     | 00:22:35 | 0:04:31 |                       |
| Schaumann, Dörte          | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | W50    | 2        | 0     | 00:22:55 | 0:04:35 |                       |
| Reese, Axel               | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M55    | 3        | 0     | 00:23:24 | 0:04:41 |                       |
| Althoff, Bernd            | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M55    | 4        | 0     | 00:23:26 | 0:04:41 |                       |
| Slunjski, Robert          | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | M40    | 6        | 0     | 00:24:19 | 0:04:52 |                       |
| Hollander, Antje          | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 5000    | W      | 7        | 0     | 00:24:19 | 0:04:52 |                       |
| Nikulla, Jan              | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | M U23  | 1        | 0     | 00:09:28 | 0:03:09 |                       |
| Radtke, Holger            | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | M45    | 1        | 0     | 00:11:07 | 0:03:42 |                       |
| Schwarz, Jan              | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | M40    | 1        | 0     | 00:11:25 | 0:03:48 |                       |
| Wörmann, Markus           | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | M      | 9        | 0     | 00:11:39 | 0:03:53 |                       |
| Schmiedeskamp, Bernt      | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | M65    | 1        | 0     | 00:12:10 | 0:04:03 |                       |
| Fleer, Heiko              | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | M45    | 2        | 0     | 00:12:19 | 0:04:06 |                       |
| Mondorf, Milan Carlo      | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | MJ U18 | 3        | 0     | 00:13:24 | 0:04:28 |                       |
| Nickel, Leon              | Halloween Track Meeting | Bielefeld      | 31.10.2020 | 3000    | MJ U18 | 4        | 0     | 00:13:41 | 0:04:34 |                       |
| Milonas, Georg            | Einladungswettkampf     | Gütersloh      | 24.10.2020 | 10000   | M45    | 2        | 0     | 00:41:01 | 0:04:06 |                       |
| Schmiedeskamp, Bernt      | Einladungswettkampf     | Gütersloh      | 24.10.2020 | 10000   | M65    | 1        | 0     | 00:44:14 | 0:04:25 |                       |
| Schlüter, Christof        | Marathon Cuxhaven       | Cuxhaven       | 18.10.2020 | 42195   | M55    | 7        | 0     | 03:24:20 | 0:04:51 |                       |
| Manhart, Ann-Kristin      | Marathon Cuxhaven       | Cuxhaven       | 18.10.2020 | 42195   | W35    | 3        | 0     | 03:34:12 | 0:05:05 |                       |
| Günzel, Christian         | Marathon Cuxhaven       | Cuxhaven       | 18.10.2020 | 21097   | M      | 4        | 0     | 01:22:43 | 0:03:55 |                       |
| Serafinowski, Nadine      | Marathon Cuxhaven       | Cuxhaven       | 18.10.2020 | 21097   | W      | 4        | 5     | 01:32:59 | 0:04:24 |                       |
| Heidemann, Udo            | Holter Wald Ultra       | Schloß Holte   | 11.10.2020 | 50000   | M50    | 1        | 3     | 04:27:13 | 0:05:21 |                       |
| Bach, Petra               | Holter Wald Ultra       | Schloß Holte   | 11.10.2020 | 50000   | W45    | 1        | 1     | 04:56:30 | 0:05:56 |                       |
| Maaß, Holger              | Holter Wald Ultra       | Schloß Holte   | 11.10.2020 | 50000   | M55    | 1        | 5     | 04:56:30 | 0:05:56 |                       |
| Kralemann, Carsten        | Holter Wald Ultra       | Schloß Holte   | 11.10.2020 | 50000   | M50    | 3        | 8     | 05:22:49 | 0:06:27 |                       |
| Lütgert, Heiner           | Holter Wald Ultra       | Schloß Holte   | 11.10.2020 | 50000   | M55    | 2        | 9     | 05:42:49 | 0:06:51 |                       |
| Frank, Andreas            | Holter Wald Ultra       | Schloß Holte   | 11.10.2020 | 50000   | M60    | 2        | 13    | 06:14:04 | 0:07:29 |                       |
| Poppensieker, Tanja       | Köhlbrandbrückenlauf    | Hamburg        | 03.10.2020 | 12300   | W50    | 2        | 17    | 00:57:55 | 0:04:43 |                       |
| Pöhlker, Nils             | Läuferabend             | Stukenbrock    | 02.10.2020 | 5000    | M40    | 0        | 5     | 00:16:48 | 0:03:22 |                       |
| Willuhn, Henry            | Läuferabend             | Stukenbrock    | 02.10.2020 | 5000    | M35    | 0        | 11    | 00:17:18 | 0:03:28 |                       |
| Wienstroth, Ilka          | Läuferabend             | Stukenbrock    | 02.10.2020 | 5000    | W35    | 0        | 23    | 00:18:39 | 0:03:44 |                       |
| Bergtold, Larissa         | Läuferabend             | Stukenbrock    | 02.10.2020 | 5000    | W30    | 0        | 27    | 00:19:00 | 0:03:48 |                       |
| Friedrichs, Lars          | Läuferabend             | Stukenbrock    | 02.10.2020 | 5000    | M45    | 0        | 37    | 00:19:45 | 0:03:57 |                       |
| Milonas, Georg            | Läuferabend             | Stukenbrock    | 02.10.2020 | 5000    | M45    | 0        | 39    | 00:19:49 | 0:03:58 |                       |
| Albers, Kristina          | Läuferabend             | Stukenbrock    | 02.10.2020 | 5000    | W40    | 0        | 46    | 00:21:18 | 0:04:16 |                       |
| Heidemann, Udo            | Herforder Highway Ultra | Herford        | 20.09.2020 | 66000   | M50    | 0        | 3     | 06:49:44 | 0:06:12 |                       |
| Lütgert, Heiner           | Herforder Highway Ultra | Herford        | 20.09.2020 | 66000   | M55    | 0        | 7     | 07:56:30 | 0:07:13 |                       |
| Frank, Andreas            | Herforder Highway Ultra | Herford        | 20.09.2020 | 48000   | M60    | 0        | 10    | 06:10:57 | 0:07:44 |                       |
| Boehme, Patrick           | Bilster Berg ruft       | Paderborn      | 13.09.2020 | 8400    | M30    | 0        | 1     | 00:28:26 | 0:03:23 |                       |
| Pöhlker, Nils             | Bilster Berg ruft       | Paderborn      | 13.09.2020 | 8400    | M40    | 0        | 3     | 00:30:04 | 0:03:35 |                       |
| Willuhn, Henry            | Bilster Berg ruft       | Paderborn      | 13.09.2020 | 8400    | M35    | 0        | 5     | 00:31:30 | 0:03:45 |                       |
| Albers, Kristina          | Bilster Berg ruft       | Paderborn      | 13.09.2020 | 8400    | W40    | 0        | 1     | 00:37:30 | 0:04:28 |                       |
| Fischer von Mollard, Gabr | Ultraks Mayrhofen       | Mayrhofen      | 12.09.2020 | 50000   | W55    | 5        | 23    | 09:52:50 | 0:11:51 |                       |
| Kerkmann, Jan             | Marathon Bremerhaven    | Bremerhaven    | 30.08.2020 | 42195   | M      | 1        | 2     | 02:36:30 | 0:03:43 |                       |
| Poppensieker, Tanja       | Marathon Bremerhaven    | Bremerhaven    | 30.08.2020 | 42195   | W50    | 1        | 6     | 03:38:04 | 0:05:10 |                       |
| Pöhlker, Nils             | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | M40    | 0        | 11    | 00:16:45 | 0:03:21 |                       |
| Nikulla, Jan              | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | M U23  | 0        | 19    | 00:17:25 | 0:03:29 |                       |
| Willuhn, Henry            | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | M35    | 0        | 21    | 00:17:36 | 0:03:31 |                       |
| Borchers, Max             | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | M      | 0        | 26    | 00:17:46 | 0:03:33 |                       |
| Wienstroth, Ilka          | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | W35    | 0        | 34    | 00:18:53 | 0:03:47 |                       |
| Bergtold, Larissa         | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | W30    | 0        | 39    | 00:19:39 | 0:03:56 |                       |
| Svoboda, Frank            | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | M35    | 0        | 40    | 00:19:39 | 0:03:56 |                       |
| Serafinowski, Nadine      | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | W      | 0        | 51    | 00:21:18 | 0:04:16 |                       |
| Schmiedeskamp, Bernt      | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | M65    | 0        | 52    | 00:21:29 | 0:04:18 |                       |
| Morgenroth, Uwe           | Läuferabend             | Borgholzhausen | 21.08.2020 | 5000    | M65    | 0        | 54    | 00:23:10 | 0:04:38 |                       |
| Radtke, Holger            | Läuferabend             | Borgholzhausen | 21.08.2020 | 3000    | M45    | 0        | 9     | 00:11:18 | 0:03:46 |                       |
| Milonas, Georg            | Läuferabend             | Borgholzhausen | 21.08.2020 | 3000    | M45    | 0        | 10    | 00:11:24 | 0:03:48 |                       |

| Name                      | Veranstaltung          | Ort            | Datum      | Distanz | AK    | AK Platz | Platz | Zeit     | Pace    | offiziell<br>vermessen |
|---------------------------|------------------------|----------------|------------|---------|-------|----------|-------|----------|---------|------------------------|
| Kralemann, Carsten        | Kananoher Fourty Five  | Langenhagen    | 09.08.2020 | 45000   | M50   | 2        | 0     | 05:02:58 | 0:06:44 |                        |
| Frank, Andreas            | Kananoher Fourty Five  | Langenhagen    | 09.08.2020 | 45000   | M60   | 2        | 0     | 05:52:19 | 0:07:50 |                        |
| Fischer von Mollard, Gabr | Chiemgau 100           | Ruhpolding     | 01.08.2020 | 100000  | W55   | 1        | 4     | 18:58:51 | 0:11:23 |                        |
| Heidemann, Udo            | GEO-Pfad Ultramarathon | Langenhagen    | 01.08.2020 | 50000   | M50   | 2        | 6     | 05:40:01 | 0:06:48 |                        |
| Heidemann, Udo            | Kananoher Fourty Five  | Langenhagen    | 26.07.2020 | 45000   | M50   | 4        | 0     | 04:22:00 | 0:05:49 |                        |
| Frank, Andreas            | Kananoher Fourty Five  | Langenhagen    | 26.07.2020 | 45000   | M60   | 2        | 0     | 05:41:01 | 0:07:35 |                        |
| Bochert, Florian          | Läuferabend Brackwede  | Bielefeld      | 17.07.2020 | 5000    | M U23 | 1        | 2     | 00:16:35 | 0:03:19 |                        |
| Heidemann, Udo            | Urwaldsteig Ultratrail | Waldeck        | 06.06.2020 | 66000   | M50   | 2        | 4     | 08:00:56 | 0:07:17 |                        |
| Frank, Andreas            | Carport Ultramarathon  | Kaltenweide    | 08.03.2020 | 50000   | M60   | 1        | 0     | 06:15:00 | 0:07:30 |                        |
| Bossow, Franziska         | CPC Loop               | Den Haag       | 08.03.2020 | 21097   | W30   | 13       | 15    | 01:19:22 | 0:03:46 |                        |
| Pöhlker, Nils             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M40   | 2        | 3     | 01:20:12 | 0:03:48 |                        |
| Borchers, Max             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M     | 3        | 0     | 01:27:18 | 0:04:08 |                        |
| Spreitz, Volker           | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M55   | 1        | 0     | 01:29:38 | 0:04:15 |                        |
| Reimering, Klaus          | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M55   | 3        | 0     | 01:30:39 | 0:04:18 |                        |
| Wienstroth, Ilka          | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W35   | 1        | 4     | 01:30:50 | 0:04:18 |                        |
| Piel, Ulrich              | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M60   | 1        | 0     | 01:34:20 | 0:04:28 |                        |
| Schneider, Christoph      | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M55   | 4        | 0     | 01:35:45 | 0:04:32 |                        |
| Krüger, Andreas           | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 12       | 0     | 01:36:26 | 0:04:34 |                        |
| Serafinowski, Nadine      | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W     | 4        | 5     | 01:38:04 | 0:04:39 |                        |
| Neben, Diana              | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W     | 5        | 6     | 01:39:01 | 0:04:42 |                        |
| Strozyk, Daniel           | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M35   | 15       | 0     | 01:39:07 | 0:04:42 |                        |
| Büchner, Rene             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M30   | 12       | 0     | 01:40:25 | 0:04:46 |                        |
| Heinz, Stefan             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M45   | 14       | 0     | 01:41:00 | 0:04:47 |                        |
| Papke-Maxa, Ariane        | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W35   | 2        | 7     | 01:41:48 | 0:04:50 |                        |
| Svoboda, Frank            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M35   | 25       | 0     | 01:42:57 | 0:04:53 |                        |
| Albers, Kristina          | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W40   | 1        | 10    | 01:43:05 | 0:04:53 |                        |
| Radtke, Holger            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M45   | 18       | 0     | 01:43:42 | 0:04:55 |                        |
| Kuchenbecker, Jürgen      | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 25       | 0     | 01:44:58 | 0:04:59 |                        |
| Beugholt, Thorsten        | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 27       | 0     | 01:45:08 | 0:04:59 |                        |
| Wörmann, Markus           | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M     | 21       | 0     | 01:45:11 | 0:04:59 |                        |
| Beckmann, Thomas          | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 28       | 0     | 01:45:17 | 0:04:59 |                        |
| Rixe, Oliver              | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 31       | 0     | 01:45:58 | 0:05:01 |                        |
| Antweiler, Larissa        | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W35   | 4        | 0     | 01:46:16 | 0:05:02 |                        |
| Morgenroth, Uwe           | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M65   | 2        | 0     | 01:47:56 | 0:05:07 |                        |
| Prenneis, Christian       | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 35       | 0     | 01:48:10 | 0:05:08 |                        |
| Pohlschmidt, Markus       | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M35   | 39       | 0     | 01:48:50 | 0:05:10 |                        |
| Hengel, Julia             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W35   | 6        | 0     | 01:48:51 | 0:05:10 |                        |
| Thomas, Frank             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 40       | 0     | 01:49:48 | 0:05:12 |                        |
| Althoff, Bernd            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M55   | 16       | 0     | 01:52:31 | 0:05:20 |                        |
| Stichmann, Marcus         | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M60   | 8        | 0     | 01:53:16 | 0:05:22 |                        |
| Manhart, Ann-Kristin      | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W35   | 11       | 0     | 01:54:20 | 0:05:25 |                        |
| Schulze, Hans-Jürgen      | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M65   | 4        | 0     | 01:54:39 | 0:05:26 |                        |
| Meihöfer, Petra           | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W50   | 3        | 0     | 01:56:07 | 0:05:30 |                        |
| Dümmer, Manfred           | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M70   | 2        | 0     | 01:57:23 | 0:05:34 |                        |
| Busch, Konstantin         | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M35   | 74       | 0     | 02:00:58 | 0:05:44 |                        |
| Ostermann, Dagmar         | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W45   | 11       | 0     | 02:00:59 | 0:05:44 |                        |
| Wigand, Miriam            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W     | 14       | 0     | 02:02:30 | 0:05:48 |                        |
| Meier, Rüdiger            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M55   | 28       | 0     | 02:04:07 | 0:05:53 |                        |
| Lakämper, Anja            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W45   | 16       | 0     | 02:06:30 | 0:06:00 |                        |
| Laubenstein, Alexandra    | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W45   | 22       | 0     | 02:11:21 | 0:06:14 |                        |
| Wandelt, Stefanie         | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W45   | 25       | 0     | 02:13:45 | 0:06:20 |                        |
| Achterwinter, Dirk        | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M55   | 41       | 0     | 02:14:27 | 0:06:22 |                        |
| Dollerschell, Kerstin     | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W50   | 21       | 0     | 02:15:03 | 0:06:24 |                        |
| Niehaus, Anja             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W50   | 20       | 0     | 02:15:12 | 0:06:25 |                        |
| Wenke, Carsten            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M45   | 94       | 0     | 02:19:09 | 0:06:36 |                        |
| Jürgensmeier, Christoph   | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M50   | 97       | 0     | 02:22:01 | 0:06:44 |                        |
| Pagenstedt, Ann-Sophie    | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W     | 36       | 0     | 02:30:59 | 0:07:09 |                        |
| Meißner, Martina          | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W45   | 38       | 0     | 02:32:15 | 0:07:13 |                        |
| Lungenstrass, Doris       | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | W55   | 12       | 0     | 02:36:47 | 0:07:26 |                        |
| Kaiser, Georg             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 21097   | M60   | 29       | 0     | 02:44:53 | 0:07:49 |                        |
| Walkenhorst, Mareike      | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 12500   | W30   | 1        | 1     | 00:52:40 | 0:04:13 |                        |
| Röthe, Nicole             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 12500   | W45   | 1        | 6     | 00:56:46 | 0:04:32 |                        |
| Günzel, Christian         | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 12500   | M     | 4        | 0     | 00:56:46 | 0:04:32 |                        |
| Kluth, Michael            | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 12500   | M55   | 2        | 0     | 01:02:38 | 0:05:01 |                        |
| Wrede, Oliver             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 12500   | M30   | 9        | 0     | 01:04:10 | 0:05:08 |                        |
| Knoke, Thomas             | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 12500   | M50   | 4        | 0     | 01:04:25 | 0:05:09 |                        |
| Funke, Christian          | Luisenturmlauf         | Borgholzhausen | 01.03.2020 | 12500   | M40   | 6        | 0     | 01:05:33 | 0:05:15 |                        |
| Kerkmann, Jan             | Marathon Bad Salzuflen | Bad Salzuflen  | 29.02.2020 | 34000   | M     | 1        | 1     | 02:11:16 | 0:03:52 |                        |
| Engel, Yaron              | Marathon Bad Salzuflen | Bad Salzuflen  | 29.02.2020 | 34000   | M55   | 7        | 0     | 03:27:49 | 0:06:07 |                        |
| Ilsemann, Jan             | Marathon Bad Salzuflen | Bad Salzuflen  | 29.02.2020 | 34000   | M50   | 11       | 0     | 04:05:00 | 0:07:12 |                        |
| Müller-Cleve, Norbert     | Marathon Bad Salzuflen | Bad Salzuflen  | 29.02.2020 | 34000   | M55   | 17       | 0     | 04:05:21 | 0:07:13 |                        |
| Lucke, Jens               | Marathon Bad Salzuflen | Bad Salzuflen  | 29.02.2020 | 26000   | M50   | 4        | 0     | 02:01:59 | 0:04:42 |                        |
| Evers, Björn              | Marathon Bad Salzuflen | Bad Salzuflen  | 29.02.2020 | 26000   | M50   | 11       | 0     | 02:10:47 | 0:05:02 |                        |

| Name                      | Veranstaltung               | Ort           | Datum      | Distanz | AK     | AK Platz | Platz | Zeit     | Pace    | offiziell<br>vermessen |
|---------------------------|-----------------------------|---------------|------------|---------|--------|----------|-------|----------|---------|------------------------|
| Schmitt, Volker           | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | M55    | 7        | 0     | 02:14:24 | 0:05:10 |                        |
| Motycka, Hans             | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | M50    | 15       | 0     | 02:19:49 | 0:05:23 |                        |
| Lucke, Kerstin            | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | W50    | 2        | 6     | 02:21:28 | 0:05:26 |                        |
| Brunnert, Peter           | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | M60    | 5        | 0     | 02:29:06 | 0:05:44 |                        |
| Partenheimer, Kerstin     | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | W40    | 2        | 0     | 02:32:11 | 0:05:51 |                        |
| Kralemann, Carsten        | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | M50    | 30       | 0     | 02:32:32 | 0:05:52 |                        |
| Fischer von Mollard, Gabr | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | W55    | 2        | 0     | 02:39:12 | 0:06:07 |                        |
| Grewe, Alexander          | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | M      | 8        | 0     | 02:43:31 | 0:06:17 |                        |
| Kaiser, Don-Sean          | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | M55    | 28       | 0     | 02:47:40 | 0:06:27 |                        |
| Weber, Bernd              | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | M55    | 35       | 0     | 02:55:21 | 0:06:45 |                        |
| Dollerschell, Kerstin     | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | W50    | 15       | 0     | 02:56:16 | 0:06:47 |                        |
| Siebold, Kirsten          | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | W45    | 10       | 0     | 03:08:00 | 0:07:14 |                        |
| Lange, Anke               | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 26000   | W45    | 17       | 0     | 03:46:23 | 0:08:42 |                        |
| Kerkmann, Tim             | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | M      | 3        | 7     | 01:16:04 | 0:04:14 |                        |
| Strauch, Carsten          | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | M50    | 9        | 0     | 01:36:52 | 0:05:23 |                        |
| Fleer, Heiko              | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | M45    | 4        | 0     | 01:37:46 | 0:05:26 |                        |
| Werring, Stephanie        | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | W35    | 3        | 0     | 01:40:11 | 0:05:34 |                        |
| Friedrichs, Lars          | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | M45    | 11       | 0     | 01:43:27 | 0:05:45 |                        |
| Rees, Klaus               | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | M60    | 5        | 0     | 01:49:56 | 0:06:06 |                        |
| Thielemann, Marie-Luise   | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | W60    | 4        | 0     | 01:51:17 | 0:06:11 |                        |
| Schemann, Michael         | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | M55    | 10       | 0     | 01:53:58 | 0:06:20 |                        |
| Reimann, Björn            | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | M45    | 18       | 0     | 01:56:31 | 0:06:28 |                        |
| Werner, Kristin           | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | W      | 8        | 0     | 02:05:02 | 0:06:57 |                        |
| Kohn, Katja               | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | W45    | 7        | 0     | 02:05:03 | 0:06:57 |                        |
| Michaelis, Susann         | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 18000   | W40    | 16       | 0     | 02:13:13 | 0:07:24 |                        |
| Stuckmann, Thomas         | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 10000   | M50    | 2        | 9     | 00:47:38 | 0:04:46 |                        |
| Sprenger, Martin          | Marathon Bad Salzuflen (NW) | Bad Salzuflen | 29.02.2020 | 10000   | M65    | 0        | 0     | 01:19:57 | 0:08:00 |                        |
| Matioschat, Irene         | Marathon Bad Salzuflen      | Bad Salzuflen | 29.02.2020 | 10000   | W70    | 2        | 0     | 01:23:32 | 0:08:21 |                        |
| Tölle, Kerstin            | Marathon Bad Salzuflen (NW) | Bad Salzuflen | 29.02.2020 | 10000   | W60    | 0        | 0     | 01:28:40 | 0:08:52 |                        |
| Siegrist, Hannelore       | Marathon Bad Salzuflen (NW) | Bad Salzuflen | 29.02.2020 | 10000   | W70    | 0        | 0     | 01:34:20 | 0:09:26 |                        |
| Nelkenbrecher, Ekkehard   | Marathon Bad Salzuflen (NW) | Bad Salzuflen | 29.02.2020 | 10000   | M60    | 0        | 0     | 01:34:51 | 0:09:29 |                        |
| Günzel, Christian         | Wald- und Crosslauf         | Soest         | 15.02.2020 | 6600    | M      | 4        | 8     | 00:25:12 | 0:03:49 |                        |
| Pöhlker, Nils             | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M40    | 1        | 0     | 00:29:39 | 0:03:45 |                        |
| Spreitz, Volker           | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M55    | 1        | 0     | 00:34:59 | 0:04:26 |                        |
| Schneider, Christoph      | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M55    | 2        | 0     | 00:35:33 | 0:04:30 |                        |
| Muth, Frank               | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M40    | 2        | 0     | 00:35:50 | 0:04:32 |                        |
| Svoboda, Frank            | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M35    | 1        | 0     | 00:36:42 | 0:04:39 |                        |
| Serafinowski, Nadine      | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | W      | 2        | 0     | 00:38:01 | 0:04:49 |                        |
| Beckmann, Thomas          | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M50    | 2        | 0     | 00:39:00 | 0:04:56 |                        |
| Thomas, Frank             | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M50    | 3        | 0     | 00:39:24 | 0:04:59 |                        |
| Gruben, Matthäus          | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M35    | 3        | 0     | 00:39:41 | 0:05:01 |                        |
| Wienstroth, Ilka          | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | W35    | 1        | 0     | 00:39:44 | 0:05:02 |                        |
| Morgenroth, Uwe           | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | M65    | 2        | 0     | 00:42:11 | 0:05:20 |                        |
| Wigand, Miriam            | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | W      | 3        | 0     | 00:44:09 | 0:05:35 |                        |
| Schröder, Antje           | OWL Pokalcross              | Lüchtringen   | 02.02.2020 | 7900    | W50    | 1        | 0     | 00:44:22 | 0:05:37 |                        |
| Thielemann, Marie-Luise   | Midwinter Marathon          | Apeldoorn     | 02.02.2020 | 25000   | W60    | 8        | 0     | 02:25:48 | 0:05:50 |                        |
| Frank, Andreas            | Moor-Ultra                  | Wedemark      | 01.02.2020 | 60000   | M60    | 1        | 0     | 07:54:59 | 0:07:55 |                        |
| Bossow, Franziska         | Winterlaufserie Hamm        | Hamm          | 26.01.2020 | 10000   | W30    | 1        | 1     | 00:37:59 | 0:03:48 |                        |
| Bossow, Christian         | Winterlaufserie Hamm        | Hamm          | 26.01.2020 | 10000   | M60    | 1        | 0     | 00:40:09 | 0:04:01 |                        |
| Fischer von Mollard, Gabr | Winterlaufserie Hamm        | Hamm          | 26.01.2020 | 10000   | W55    | 12       | 0     | 00:51:21 | 0:05:08 |                        |
| Kerkmann, Jan             | Ultramarathon Rodgau        | Rodgau        | 25.01.2020 | 50000   | M      | 1        | 1     | 02:59:05 | 0:03:35 |                        |
| Heidemann, Udo            | Schindertrail               | Holzhausen    | 25.01.2020 | 66600   | M50    | 8        | 40    | 08:27:03 | 0:07:37 |                        |
| Gerkens, Michael          | Oelder Crosslauf            | Oelde         | 11.01.2020 | 8300    | M45    | 1        | 0     | 00:35:06 | 0:04:14 |                        |
| Milonas, Georg            | Oelder Crosslauf            | Oelde         | 11.01.2020 | 4150    | M45    | 2        | 0     | 00:18:01 | 0:04:20 |                        |
| Loleit, Elias             | Oelder Crosslauf            | Oelde         | 11.01.2020 | 2075    | MJ U14 | 2        | 4     | 00:09:46 | 0:04:42 |                        |
| Frank, Andreas            | Hünenburg Vertical          | Bielefeld     | 05.01.2020 | 45000   | M60    | 0        | 0     | 06:21:02 | 0:08:28 |                        |
| Heidemann, Udo            | Südkreis Meilen Marathon    | Wendhausen    | 04.01.2020 | 68000   | M50    | 0        | 21    | 09:11:00 | 0:08:06 |                        |
|                           |                             |               |            |         |        |          |       |          |         |                        |
|                           |                             |               |            |         |        |          |       |          |         |                        |

| Name                   | Veranstaltung               | Ort            | Datum      | Distanz | AK     | AK Platz | Platz | Zeit        | Pace    | offiziell<br>vermisst |
|------------------------|-----------------------------|----------------|------------|---------|--------|----------|-------|-------------|---------|-----------------------|
| Schmitz, Robin         | Halloween Track Meeting     | Bielefeld      | 31.10.2020 | 1000    | MJ U20 | 1        | 0     | 00:02:50,84 | 0:02:51 |                       |
| Mußgnug, Oliver        | Halloween Track Meeting     | Bielefeld      | 31.10.2020 | 1000    | M45    | 1        | 0     | 00:02:59,15 | 0:02:59 |                       |
| Morgenroth, Uwe        | Halloween Track Meeting     | Bielefeld      | 31.10.2020 | 1000    | M65    | 1        | 0     | 00:03:35,83 | 0:03:36 |                       |
| Li, Tom                | U18 Deutsche Meistersch.    | Heilbronn      | 06.09.2020 | 100     | MJ U18 | 20       | 0     | 00:00:11,18 | 0:01:52 |                       |
| Meier, Magnus          | Fritz-Grenz Sportfest       | Gladbeck       | 05.09.2020 | 100     | MJ U20 | 0        | 7     | 00:00:11,78 | 0:01:58 |                       |
| Li, Tom                | Offene Sprint-Wettbewerbe   | Bielefeld      | 26.08.2020 | 100     | MJ U18 | 1        | 3     | 00:00:11,34 | 0:01:53 |                       |
| Li, Tom                | Offene Sprint-Wettbewerbe   | Bielefeld      | 26.08.2020 | 100     | MJ U18 | 0        | 2     | 00:00:11,61 | 0:01:56 |                       |
| Schmitz, Robin         | Läuferabend                 | Borgholzhausen | 21.08.2020 | 800     | MJ U20 | 2        | 7     | 00:02:06,67 | 0:02:38 |                       |
| Li, Tom                | Jump and Run                | Dortmund       | 15.08.2020 | 100     | MJ U18 | 0        | 2     | 00:00:11,15 | 0:01:52 |                       |
| Li, Tom                | Jump and Run                | Dortmund       | 15.08.2020 | 100     | MJ U18 | 2        | 4     | 00:00:11,19 | 0:01:52 |                       |
| Meier, Magnus          | Jump and Run                | Dortmund       | 15.08.2020 | 100     | MJ U20 | 0        | 2     | 00:00:11,56 | 0:01:56 |                       |
| Li, Tom                | Sommersportfest             | Hamburg        | 09.08.2020 | 100     | MJ U18 | 1        | 0     | 00:00:11,25 | 0:01:53 |                       |
| Li, Tom                | Sommersportfest             | Hamburg        | 09.08.2020 | 100     | MJ U18 | 0        | 2     | 00:00:11,28 | 0:01:53 |                       |
| Grenda, Kathrin        | Kurpfalz Gala               | Weinheim       | 01.08.2020 | 100     | W U23  | 0        | 3     | 00:00:12,05 | 0:02:00 |                       |
| Grenda, Kathrin        | Kurpfalz Gala               | Weinheim       | 01.08.2020 | 100     | W U23  | 0        | 5     | 00:00:12,24 | 0:02:02 |                       |
| Meier, Magnus          | Sprinttag Zeven             | Zeven          | 25.07.2020 | 200     | MJ U20 | 7        | 0     | 00:00:23,08 | 0:01:55 |                       |
| Meier, Magnus          | Sprinttag Zeven             | Zeven          | 25.07.2020 | 100     | MJ U20 | 1        | 0     | 00:00:11,19 | 0:01:52 |                       |
| Li, Tom                | Sprinttag Zeven             | Zeven          | 25.07.2020 | 100     | MJ U18 | 2        | 0     | 00:00:11,31 | 0:01:53 |                       |
| Meier, Magnus          | Sprinttag Zeven             | Zeven          | 25.07.2020 | 100     | MJ U20 | 1        | 0     | 00:00:11,39 | 0:01:54 |                       |
| Grenda, Kathrin        | Sprinttag Zeven             | Zeven          | 25.07.2020 | 100     | W U23  | 0        | 5     | 00:00:11,88 | 0:01:59 |                       |
| Grenda, Kathrin        | Sprinttag Zeven             | Zeven          | 25.07.2020 | 100     | W U23  | 0        | 1     | 00:00:12,07 | 0:02:01 |                       |
| Li, Tom                | Leichtathletik-Wochenende   | Minden         | 18.07.2020 | 100     | MJ U18 | 1        | 0     | 00:00:11,21 | 0:01:52 |                       |
| Li, Tom                | Leichtathletik-Wochenende   | Minden         | 18.07.2020 | 100     | MJ U18 | 1        | 0     | 00:00:11,36 | 0:01:54 |                       |
| Meier, Magnus          | Qualifikationsmeeting       | Berlin         | 18.07.2020 | 100     | MJ U20 | 2        | 0     | 00:00:11,63 | 0:01:56 |                       |
| Meier, Magnus          | Qualifikationsmeeting       | Berlin         | 18.07.2020 | 100     | MJ U20 | 1        | 0     | 00:00:11,71 | 0:01:57 |                       |
| Meier, Magnus          | backontrack-Meeting         | Dortmund       | 11.07.2020 | 200     | MJ U20 | 5        | 0     | 00:00:23,28 | 0:01:56 |                       |
| Li, Tom                | backontrack-Meeting         | Dortmund       | 11.07.2020 | 200     | MJ U18 | 11       | 0     | 00:00:23,59 | 0:01:58 |                       |
| Li, Tom                | backontrack-Meeting         | Dortmund       | 11.07.2020 | 100     | MJ U18 | 3        | 0     | 00:00:11,35 | 0:01:53 |                       |
| Meier, Magnus          | backontrack-Meeting         | Dortmund       | 11.07.2020 | 100     | MJ U20 | 5        | 0     | 00:00:11,59 | 0:01:56 |                       |
| Grenda, Kathrin        | backontrack-Meeting         | Dortmund       | 11.07.2020 | 100     | W U23  | 2        | 0     | 00:00:11,92 | 0:01:59 |                       |
| Grenda, Kathrin        | Midsommar light             | Berlin         | 03.07.2020 | 100     | W U23  | 0        | 6     | 00:00:12,08 | 0:02:01 |                       |
| Grenda, Kathrin        | Midsommar light             | Berlin         | 03.07.2020 | 100     | W U23  | 0        | 6     | 00:00:12,16 | 0:02:02 |                       |
| Meier, Magnus          | Sprintmeeting Bremen        | Bremen         | 20.06.2020 | 200     | MJ U20 | 4        | 0     | 00:00:23,40 | 0:01:57 |                       |
| Li, Tom                | Sprintmeeting Bremen        | Bremen         | 20.06.2020 | 200     | MJ U18 | 3        | 0     | 00:00:23,50 | 0:01:57 |                       |
| Li, Tom                | Sprintmeeting Bremen        | Bremen         | 20.06.2020 | 100     | MJ U18 | 3        | 0     | 00:00:11,14 | 0:01:51 |                       |
| Li, Tom                | Sprintmeeting Bremen        | Bremen         | 20.06.2020 | 100     | MJ U18 | 1        | 0     | 00:00:11,36 | 0:01:54 |                       |
| Meier, Magnus          | Sprintmeeting Bremen        | Bremen         | 20.06.2020 | 100     | MJ U20 | 2        | 0     | 00:00:11,71 | 0:01:57 |                       |
| Meier, Magnus          | Sprintmeeting Bremen        | Bremen         | 20.06.2020 | 100     | MJ U20 | 3        | 0     | 00:00:11,76 | 0:01:58 |                       |
| Grenda, Kathrin        | Deutsche Hallenmeistersch.  | Leipzig        | 23.02.2020 | 200     | W U23  | 0        | 6     | 00:00:25,34 | 0:02:07 |                       |
| Grenda, Kathrin        | Deutsche Hallenmeistersch.  | Leipzig        | 22.02.2020 | 60      | W U23  | 0        | 3     | 00:00:07,52 | 0:02:05 |                       |
| Grenda, Kathrin        | Deutsche Hallenmeistersch.  | Leipzig        | 22.02.2020 | 60      | W U23  | 0        | 8     | 00:00:07,59 | 0:02:06 |                       |
| Loleit, Elias          | Wald- und Crosslauf         | Soest          | 15.02.2020 | 1920    | MJ U14 | 1        | 3     | 00:08:02,00 | 0:04:11 |                       |
| Loleit, Pauline        | Wald- und Crosslauf         | Soest          | 15.02.2020 | 960     | WK U10 | 5        | 6     | 00:04:19,00 | 0:04:30 |                       |
| Denzel Lantada, Elias  | OWL Hallenmeisterschaften   | Paderborn      | 09.02.2020 | 1500    | MJ U20 | 1        | 0     | 00:04:44,41 | 0:03:10 |                       |
| Ströning, Ann-Christin | OWL Hallenmeisterschaften   | Paderborn      | 09.02.2020 | 800     | WJ U20 | 1        | 0     | 00:02:46,42 | 0:03:28 |                       |
| Grenda, Kathrin        | OWL Hallenmeisterschaften   | Paderborn      | 09.02.2020 | 200     | W U23  | 0        | 1     | 00:00:24,75 | 0:02:04 |                       |
| Schmitz, Robin         | OWL Hallenmeisterschaften   | Paderborn      | 09.02.2020 | 200     | MJ U20 | 7        | 0     | 00:00:24,96 | 0:02:05 |                       |
| Grenda, Kathrin        | OWL Hallenmeisterschaften   | Paderborn      | 09.02.2020 | 60      | W U23  | 0        | 2     | 00:00:07,58 | 0:02:06 |                       |
| Grenda, Kathrin        | OWL Hallenmeisterschaften   | Paderborn      | 09.02.2020 | 60      | W U23  | 0        | 1     | 00:00:07,77 | 0:02:09 |                       |
| Grenda, Kathrin        | NRW Hallenmeisterschaften   | Dortmund       | 02.02.2020 | 60      | W U23  | 0        | 1     | 00:00:07,57 | 0:02:06 |                       |
| Grenda, Kathrin        | NRW Hallenmeisterschaften   | Dortmund       | 02.02.2020 | 60      | W U23  | 0        | 4     | 00:00:07,57 | 0:02:06 |                       |
| Grenda, Kathrin        | NRW Hallenmeisterschaften   | Dortmund       | 02.02.2020 | 60      | W U23  | 0        | 1     | 00:00:07,65 | 0:02:08 |                       |
| Grenda, Kathrin        | Westf. Hallenmeistersch.    | Dortmund       | 18.01.2020 | 200     | W U23  | 0        | 6     | 00:00:25,44 | 0:02:07 |                       |
| Grenda, Kathrin        | Westf. Hallenmeistersch.    | Dortmund       | 18.01.2020 | 60      | W U23  | 0        | 1     | 00:00:07,65 | 0:02:08 |                       |
| Grenda, Kathrin        | Westf. Hallenmeistersch.    | Dortmund       | 18.01.2020 | 60      | W U23  | 0        | 5     | 00:00:07,65 | 0:02:08 |                       |
| Loleit, Pauline        | Oelder Crosslauf            | Oelde          | 11.01.2020 | 700     | WK U10 | 3        | 3     | 00:03:50,00 | 0:05:29 |                       |
| Li, Tom                | Lippische Hallenmeistersch. | Lage           | 04.01.2020 | 60      | MJ U18 | 1        | 1     | 00:00:07,22 | 0:02:00 |                       |
| Li, Tom                | Lippische Hallenmeistersch. | Lage           | 04.01.2020 | 60      | MJ U18 | 0        | 0     | 00:00:07,23 | 0:02:00 |                       |
| Grenda, Kathrin        | Lippische Hallenmeistersch. | Lage           | 04.01.2020 | 60      | W U23  | 1        | 1     | 00:00:07,74 | 0:02:09 |                       |
| Grenda, Kathrin        | Lippische Hallenmeistersch. | Lage           | 04.01.2020 | 60      | W U23  | 0        | 0     | 00:00:07,82 | 0:02:10 |                       |